



Region II Individual and Community Preparedness Bulletin



Summer Driving Safety

Before logging those miles on your family road trip, it is important to consider some tips to keep you and your family safe this summer! Make sure that your car has had regular maintenance such as: tune-ups, oil changes, battery checks, and tire rotations to prevent breakdowns. When packing for a trip, do not exceed your car's towing capacity. Your manual should have information about the maximum weight of all cargo and passengers your vehicle can safely carry. Before heading out, double check that you can clearly see out of all your windows. As soon as you get into the car check that everyone has their seatbelt on, especially children in the back seat that tend to move around a lot. You should consider having an emergency supply kit in your car that includes essential items (see items listed on page 5 in R2 emergency preparedness tip).



To manage glare and heat, keep a pair of sunglasses handy and use a sun shield beneath your windshield when parked to keep your car's interior heat down. Never leave a child or a pet unattended in a vehicle. The summer sun can also dehydrate you during long roads trips so always travel with plenty of water.

Keep in mind that summer storms and even sun showers require extreme caution. Roads become very slippery during rainfall and visibility is hindered, so make sure to be highly alert. Also, warm weather means more bicycles and motorcycles may be on the road. Thus, constantly scan the roadway in front, to the rear, and to the sides of your vehicle for motorcyclists and bicyclists to avoid crashes.

For more information please visit: <https://www.nhtsa.gov/summer-driving-tips-2017>

Region II Individual and Community Preparedness Then and Now



FEMA Region II National Preparedness Division and External Affairs partnered to provide preparedness information to attendees at the **Tuscarora Nation 172nd Picnic and Field Day** in Lewiston, NY.

Recordings from previous Region II Webinars can be found at the links below. Please use Mozilla Firefox (or something other than Internet Explorer) to watch the recordings.

Topic	Speaker	Link
<i>Managing the Psychosocial Consequences of Conventional and Unconventional Terrorism</i>	Steve Crimando, New Jersey Department of Human Services	https://fema.connectsolutions.com/p4habfs1dud/
<i>Winter Weather Planning</i>	Gary Conte, National Weather Service	https://fema.connectsolutions.com/p32y9jfx3f4/
<i>Social Media Crisis Communications for First Responders</i>	Richard Huff, NJ EMS Task Force	PART ONE: https://fema.connectsolutions.com/p9p5mejbe02/ PART TWO: https://fema.connectsolutions.com/p7v836lpjfd/

FEMA Region II Preparedness Webinar for July “Planning for Pandemic Emergencies”

Description: July’s preparedness webinar will look at pandemic, from the definitions to the planning to preparedness efforts. Our speakers will discuss epidemiology terms, a brief overview of diseases with pandemic potential, pandemic planning and response (focused on clinical / epidemiology), activities with partner agencies, and the efforts of New Jersey’s Department of Health in planning and preparedness efforts.

Speakers: **Lisa McHugh** has been an epidemiologist with the New Jersey Department of Health, Communicable Disease Service since March of 2003. She is currently a senior level epidemiologist serving as the Program Coordinator for the Infectious Disease Epidemiology Program. Since 2005, Ms. McHugh has served as the New Jersey’s Influenza Surveillance Coordinator.

Wendy Sheay is a Planner for the NJ Department of Health with over 13 years’ experience in emergency preparedness and response. She has worked at the local, county and state levels writing and testing operational plans for the public health and healthcare sectors. She also provided operational support during the Department’s response to Zika and Ebola viruses, Hurricane Sandy and the H1N1 influenza pandemic.

Date / Time: July 24, 2017, 12:00 – 1:00pm EDT

Registration Link:

<https://fema.connectsolutions.com/r2webinarpandemic/event/registration.html>

Exercise Design Course

The Federal Emergency Management Agency (FEMA) Region II will be conducting training for emergency exercise design and evaluation (a combination of FEMA Courses I-120 and L-146). The course is a 4 day program which focuses on the design phase of the Homeland Security Exercise and Evaluation Program (HSEEP).

Course details:

Emergency managers, emergency services personnel, and other individuals who are part of the emergency preparedness and response or continuity of operations need to be able to use the fundamentals of exercise simulation and design as an integrated system of resources and capabilities.

The course will develop emergency response and continuity exercise skills in the following areas:

- Exercise programs
- Exercise design steps
- Exercise evaluation
- Designing a functional exercise
- Exercise process
- Tabletop, functional and full scale exercises
- Exercise enhancements

The course will conclude with students conducting and evaluating actual tabletop and functional exercises in a group/team environment.

Registration: Monday July 17 to Thursday July 20, 2017 - Daily: 0900 – 1530

The course has reached its capacity.

\$8 Million Available for Homeland Security National Training Program Continuing Grants

Since 2012, the Department of Homeland Security provided more than \$47 million in [Homeland Security National Training Program Continuing Training Grants](#) (CTG) awards. Yesterday, FEMA announced that \$8 million in Fiscal Year 2017 CTG funding is available to develop and deliver FEMA training to address specific focus areas: Cybersecurity, Economic Recovery, Housing, and Rural and Tribal Preparedness.

Administered annually by FEMA, this competitive program attracts applicants nationwide, including state, local, tribal, and territorial governments, non-profit local and national organizations, colleges and universities, and faith-based organizations. Complete instructions to apply are found in the Notice of Funding Opportunity (NOFO), posted on [Grants.gov](#), listed under Catalog of Federal Domestic Assistance number 97.005, Continuing Training Grants. FEMA will review, evaluate and score proposals by applying a methodology that is detailed in the NOFO. The CTG application period opened on June 26, 2017 and will close at **11:59 p.m. EDT on July 26, 2017**. Awards will be made by September 30, 2017.

For questions regarding the CTG program, contact FEMA's National Training and Education Division via email at FEMA-NTES@fema.dhs.gov or contact Mr. Patrick Cowhey, patrick.cowhey@fema.dhs.gov and (202) 786-0905.

New Core Capabilities Development Sheets Released

FEMA today released 48 Core Capability Development Sheets to help state, local, tribal, and territorial jurisdictions build and sustain their core capabilities as well as close capability gaps identified through the Threat and Hazard Identification and Risk Assessment, the State Preparedness Report, or other capability assessments. The National Preparedness Goal identifies the [core capabilities](#) needed by all jurisdictions to be fully prepared to prevent, protect, mitigate against, respond to, and recover from all hazards and to be able to implement the National Preparedness System.

Each sheet provides the core capability definition and tasks, relevant trainings, example capability targets, typed resources, critical planning partners, validation techniques, and additional organizations that support development or delivery of the specific capability. Download the sheets by mission area – Prevention, Protection, Mitigation, Response, and Recovery – or as a complete set at: www.fema.gov/fema-technical-assistance-program.

The sheets will be updated and improved with feedback. Please contact FEMA-TARequest@fema.dhs.gov with any comments.

Coming Soon: FEMA Tribal Outreach and Consultation Period on FEMA Tribal Consultation Policy

FEMA will initiate a 90-day outreach and consultation period from **June 1 to August 29, 2017**, to seek input from federally recognized Indian tribal governments on the update of the agency's Tribal Consultation Policy. The [FEMA Tribal Consultation Policy](#), first issued in 2014, acknowledges the agency's nation-to-nation relationship with tribal governments. The policy also guides how FEMA engages tribal governments in regular and meaningful consultation and collaboration on policy and actions that have tribal implications.

This consultation period aims to update the policy to reflect current authorities and best practices, as well as follow FEMA's new policy document format requirements. FEMA seeks input and feedback from tribal leaders, or their designees, during the consultation period to help inform the development of an updated policy.

Visit FEMA's [Tribal Affairs](#) web page for more information on the tribal consultation period for this policy.

EMERGENCY PREPAREDNESS TIPS

FEMA Region II: Summer Driving Tip

Before logging those miles on your family road trip, remember to have an emergency kit in the car that includes:

- ✓ Jumper cables
- ✓ Flashlight
- ✓ Extra gas
- ✓ Emergency flat tire repair and/or spare tire
- ✓ Gloves, blankets, towels
- ✓ Hazard triangle, road flares
- ✓ Screwdrivers and wrenches
- ✓ First aid kit
- ✓ Cell phone and charger
- ✓ Water for both the car radiator and your family
- ✓ High-calorie, non-perishable food



For more information please visit: <https://www.statefarm.com/simple-insights/safety/summer-driving-tips>

FEMA Region II Preparedness Tip

Dehydration

- It takes a loss of only 1%-2% of your body's ideal water content to cause dehydration.
- On average a person loses about 90 ounces of water daily.
- Don't misinterpret thirst for hunger.
- Water helps detoxify the body.
- People should drink eight ounces of water each and everyday!



How to Prepare:

- Drink up to a gallon of water a day.
- Only water truly hydrates the body and alleviates the diseases of dehydration.
- Drink more if you're engaged in sweaty exercise.
- Make sure elderly people are drinking enough water.

For more information please visit www.gotwater.net/water_tips.htm

Important Deadlines



Apply for the 2018 National Emergency Management Executive Academy

FEMA's EMI is now accepting application packages for the 2018 National Emergency Management Executive Academy. Ideally, candidates will have experience as senior executives of major emergency management organizations, served on major commissions and task forces, or be responsible for decisions that have a significant effect on homeland security and emergency management policies.

Applications will be accepted through **August 15, 2017**. There are a limited number of seats and enrollment is competitive. For more information on the Executive Academy and the application and selection process, visit www.training.fema.gov/EMPP/executive.asp.

Comments Needed for Draft Policy on Floodplain Development

FEMA prepared a draft policy for FEMA staff and communities participating in the NFIP to update guidance for participating communities on satisfying National Flood Insurance Program (NFIP) floodplain development permit requirements, and to address questions about floodplain permitting of development activities occurring in the FEMA designated Special Flood Hazard Areas (SFHA). Through this policy, a community can ensure compliance with NFIP and local floodplain management

regulations, while potentially reducing the administrative burden associated with permitting certain types of low-to-no impact development in the floodplain.

This guidance does not intend to address other permits associated with building codes, or other federal, state, local, tribal, or territorial permits, and only applies to floodplain development permitting requirements to enroll in, and maintain eligibility for, the NFIP. The draft policy is available for review on FEMA's website at: <https://www.fema.gov/media-library/assets/documents/131010>, and the public is invited to provide comment and input via FEMA-Floodplain-Management-Division@fema.dhs.gov until **August 23, 2017**.

FEMA Tribal Outreach and Consultation Period on FEMA Tribal Consultation Policy

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Tribal officials can submit comments on the FEMA Tribal Consultation until **August 29, 2017**, through:

- E-mail to tribalconsultation@fema.dhs.gov, or
- Mail to **ATTN: Margeau Valteau, Office of External Affairs, DHS/FEMA, 500 C Street SW, Washington, DC 20472-3191**.

Visit FEMA's [Tribal Affairs](#) web page for more information on the tribal consultation period for this policy.

EDUCATIONAL / TRAINING OPPORTUNITIES

FEMA EMI Training Opportunity Virtual Tabletop Exercise Series- Earthquake

September 19, 20 & 21 2017, Virtual Exercise – Multiple Locations

Exercise Description:

This Virtual Tabletop Exercises (VTTX) will focus on an earthquake occurring in your community, using historical events and Hazus simulations.

The VTTX involves key personnel discussing simulated scenarios in an informal setting, and can be used to assess plans, policies, training, and procedures. This VTTX differs from other tabletop exercises in that it will be conducted using Video-Teleconference (VTC) technology (not a web-based program), and is intended to provide an opportunity for responders across the Nation to simultaneously participate in a hazard-specific facilitated discussion. Lead facilitation for the exercise will be coordinated by EMI, with local facilitation provided by the participating agency.

Read more in [Training Opportunity 1314](#).

National Emergency Management Executive Academy Training Opportunity

Course Description: The National Emergency Management Executive Academy is a component of the Emergency Management Professional Program (EMPP).

The Emergency Management Institute (EMI) created the National Emergency Management Executive Academy to produce a comprehensive and cutting-edge curriculum that provides the setting for senior emergency management executives to come together to explore and confront contemporary and emerging 21st century challenges. The program hones strategic leadership and critical thinking for senior executives involved with multi-jurisdictional, national, and international homeland security and emergency management policy development and decision making responsibilities.

The program is a competency-based graduate-level executive education experience. That requires working collaboratively on projects and participating in activities with a capstone team to address some of the wicked problems in the emergency management field. Suggestions for a specific emergency management challenge to be addressed by an executive cohort as an Executive Academy capstone project may be submitted to <https://training.fema.gov/empp/executive.aspx>.

NEMEA 2017 Schedule

The dates and locations for the Executive Academy courses are:

E0684, Executive EM Leader Core Competencies II 4 days

Disaster Risk Management, Scientific Considerations, Geographic Considerations, Sociocultural Considerations, Evolving Technology Application & Adoption

Dates: July 10 – 13, 2017

Location: Emmitsburg, MD

E0686, Executive EM Leaders Core Competencies III 4 days

Facilitating Community Risk Ownership, Civics/Governance Considerations, Political Skills, Influence Skills

Dates: September 18 – 21, 2017

Location: Emmitsburg, MD

Delivering High Impact Presentations

All FEMA full-time, temporary full-time, and CORE employees in the Washington, D.C. area, are invited to attend a two-day, skill building training session, Creating and Delivering High Impact Presentations. Participants will learn techniques for developing effective presentations applicable to any setting within FEMA.

Aug. 2-3, 20, 2017, 8:30 a.m. – 4:30 p.m. ET

Registration is required. All classes will be held in the Office of the Chief Component Human Capital Officer (OCCHCO) Training Suite, 500 C Street, 7 SW. For more information, please email: edu@fema.dhs.gov or visit the OCCHCO training page

All-Hazards Position Specific Train-the-Trainer Classes Course Vacancy Announcement:

Please be advised that openings remain in upcoming All-Hazards Position Specific train-the-trainer (TtT) classes for the 2nd Semester of FY 2017. The classes for which openings remain are below:

E-978 – Situation Unit Leader TtT	July 17-21, 2017
E-949 – Communication Unit Leader TtT	Aug. 14-16, 2017
E-974 – Finance/Administration Section Chief TtT	Sept. 11-13, 2017
E-953 – Public Information Officer TtT	Sept. 25-29, 2017

Read more in [Training Bulletin1318](#).

OTHER NEWS

Summer Food Safety

When planning a picnic, barbecue, or day at the beach this summer, learn how to keep your food safe. According to [FoodSafety.gov](#), foodborne illnesses increase during the summer. *Stay healthy and safe during warmer months by following these food safety recommendations:*

When bringing food to a picnic or cookout:

- Use an insulated cooler filled with ice or frozen gel packs. You can also use frozen food as a cold source.
- Foods that need to be kept cold include raw meat, poultry, and seafood; deli and luncheon meats or sandwiches; summer salads (tuna, chicken, egg, pasta, or seafood); cut up fruit and vegetables; and perishable dairy products.
- Keep your cooler out of the direct sun by placing it in the shade or shelter. Remember that a full cooler will maintain its cold temperature longer than a partially filled one.
- Avoid opening the cooler repeatedly to keep your food cold longer.



How Will Your Family Evacuate?

As coastal areas pay close attention to hurricane season and many other areas of the country experience wildfires, now is a great time to [develop an evacuation plan with your family](#), and practice it to ensure you know what to do should an emergency occur. In some circumstances, local officials decide that the hazards are serious and require mandatory evacuations. Wherever you live, knowing what to do in the event you need to leave your home is critical.

Review these evacuation guidelines from the Ready Campaign and develop your plan now:

- Plan places where your family will meet, both within and outside of your immediate neighborhood. Develop an [emergency communication plan](#) to decide these locations before a disaster.
- Keep at least half a tank of gas in your vehicle at all times in case you need to evacuate.
- Become familiar with alternate routes and other means of transportation out of your area. Choose several destinations in different directions, so you have options in an emergency.
- Plan how you will leave if you do not have a car. Make arrangements with family, friends, or your local government.
- Take your [emergency supply kit](#) with you.
- Take your pets with you, but understand that some public shelters may only admit service animals. [Plan how you will care for your pets in an emergency.](#)
- Unplug electrical equipment such as radios, televisions, and small appliances. Leave freezers and refrigerators plugged in unless there is a risk of flooding. If there is damage to your home and you are instructed to do so, shut off water, gas, and electricity before leaving



EMI Flood Virtual TTX

September 18 – 21, 2017

E0686, Executive EM Leaders Core Competencies III 4 days

Facilitating Community Risk Ownership, Civics/Governance Considerations, Political Skills, Influence Skills

Location: Emmitsburg, MD

EMI Training Opportunity Virtual TTX Series

September 5, 6 & 7, 2017

V-0001 - Virtual Tabletop Exercise Series (VTTX) – **Chlorine Release** Virtual Exercise – Multiple Locations

September 19, 20 & 21 2017

V-0001 - Virtual Tabletop Exercise Series (VTTX) – **Earthquake** Virtual Exercise – Multiple Locations.

For more information contact Douglas M. Kahn, douglas.kahn@fema.dhs.gov

This Week's Must Read



Healthcare-Associated Infections: A Toolkit for Local Health Departments

National Association of County and City Health Officials.

This 14-page document is a toolkit to provide local health departments with guidance, best practices, tools, and resources for expanding activities related to improving local infection control, preparedness, and response. It aims to strengthen their knowledge and capacity to address healthcare-associated infections, while also increasing confidence in their agency's ability to effectively establish and execute a course of action when faced with a healthcare-associated infection. *For more information please click on the title link.*



Urban Area-Based Approaches (ABAs) in Post-Disaster Contexts

International Institute for Environment and Development.

The International Rescue Committee, Norwegian Refugee Council, and World Vision, presents 10 principles for enacting post-disaster urban area-based approaches. Area-based approaches have gained traction in recent years among humanitarian aid agencies seeking to provide better responses in urban areas following a naturally triggered disaster. The principles are organized according to the project management cycle (assessment and design, implementation, and monitoring and evaluation). *For more information please click on the title link.*

