

# Mayor Roma's Summer Program

sponsored by

**The Beachwood Mayor's Wellness Campaign and  
The Beachwood Municipal Alliance**



**This program is limited to children ages 8-11**

Tuesdays and Thursdays at the Mayo Park Center from 10:30-12:30

July 11th, 13th, 18th, 20th, 25th, 27th, and August 1st and 3rd

The first hour, Unique You, is an evidence-based substance abuse prevention program that helps children realize their specialness. Children learn cooperation, teamwork, how to make wise decisions, say "no" and solve problems.

The program is provided by Health Educators from the Ocean County Health Department.

The second hour of the program will alternate between crafts and Healthy Cooking Classes provided by the dietitians of Perlmutter ShopRite.

Cost of program will be \$10 for the first child and \$5 for each additional child due by July 1st.

Registration must be completed at Beachwood Borough Hall

Please make checks payable to Beachwood Mayor's Wellness Campaign

For more information, please contact [groma@comcast.net](mailto:groma@comcast.net)

Child's Name \_\_\_\_\_

Child's Name \_\_\_\_\_

Age \_\_\_\_\_

Age \_\_\_\_\_

Address \_\_\_\_\_

Parent or Guardian \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

\*We are looking for one parent to volunteer for each session.

Volunteer Name \_\_\_\_\_ Session date \_\_\_\_\_

