

Beachwood Mayor's Wellness Campaign

presents

Yoga at the Mayo Park Center

Wednesday Evenings

March 29th, April 5th, 12th, 19th, 26th, May 3rd, 10th, 17th, 24th, 31st, June 7th

Classes begin promptly at 7:30. Registration is required.

Session fee \$40 for 11 classes. Checks payable to Beachwood Mayor's Wellness Campaign.

Ages 16 and up.

Registration and Waivers available at Beachwood Borough Hall and www.beachwoodusa.com.

For more information, please contact groma@comcast.net or smcnabb@beachwoodusa.com

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Beachwood is a 2015 Winner of the NJ Healthy Town Award!!