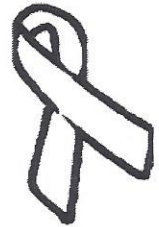


Ocean Monmouth Health Alliance



presents:

Surviving the Cancer Challenge...

# *Body, Mind, & Spirit*

**Tuesday, May 10, 2016**

5:30 - 8pm

Quality Inn, 815 Route 37W  
Toms River, NJ

FREE Dinner Program  
But registration is required  
**Please call by May 4, 2016**  
732-557-2626



Join WOBM's Shawn and Sue for a special evening, which will provide information, support, and fellowship to cancer survivors and co-survivors.

- Speakers include cancer survivors and health professionals.
- Find out how nutrition, relaxation, exercise, and guided imagery can benefit your body, mind, and spirit.
- Attendees will learn what they can do to help themselves during this challenging time.

Major funding for this event provided by:



Soroptimist  
International  
of Toms River



Ocean Monmouth Health Alliance is a regional chronic disease prevention coalition grant-funded by the Office of Cancer Control and Prevention of NJ Department of Health. Our purpose is to reduce the state's cancer burden and improve health outcomes for people with, or at risk for, cancer and other chronic diseases in Ocean and Monmouth counties.